

AT LAST

Cafe

(562) 437-4837

www.atlastcafelb.com

204 Orange Avenue, Long Beach, CA 90802

Wednesday-Saturday: 11:00 a.m.-9:00 p.m.

Sunday: 10:00 a.m.-5:00 p.m.

Closed Mondays and Tuesdays

Sandwiches

Served with side of pasta salad, fresh fruit or fries

Substitute side salad or cup of soup - \$2.50

Add fresh avocado- \$2.00, bacon-\$2.50, or cheese-\$.50

<i>Grilled hamburger – hand-shaped patty, Lettuce, tomato, onion and pickle</i>	<i>\$8.95</i>
<i>Chicken – grilled chicken breast with Lettuce, tomato, and pesto</i>	<i>\$9.75</i>
<i>Veggie – sliced peppers, tomato, lettuce Zucchini, and eggplant, roast garlic Aioli, and olives</i>	<i>\$9.00</i>
<i>BLT – the classic bacon, lettuce and tomato</i>	<i>\$8.75</i>
<i>Cuban – with roast pork loin, ham, Swiss Cheese, pepperoncini and pickles</i>	<i>\$9.95</i>
<i>Beef Brisket Sandwich – tender beef brisket Caramelized onions, cheddar cheese, With natural gravy</i>	<i>\$10.25</i>
<i>Pulled Pork – with slow cooked pork shoulder, Asian slaw, avocado and barbeque sauce</i>	<i>\$9.95</i>

Salads

We make our own salad dressings

Add chicken-\$4.00; bacon-\$3.50; ham-\$3.50; shrimp-\$6.00

<i>Mixed Green Salad – with crumbled blue Cheese, candied walnuts, dried cranberries And red wine vinaigrette</i>	<i>\$7.25</i>
<i>House Salad – with toasted pecans, Gruyere cheese, Bacon bits and croutons Served with creamy vinaigrette</i>	<i>\$7.25</i>
<i>Green Goddess Salad with avocado And cucumber fresh herb dressing</i>	<i>\$8.25</i>
<i>Classic Caesar Salad – romaine lettuce, Parmesan cheese, garlic croutons, Caesar Dressing</i>	<i>\$7.95</i>
<i>Thai Beef Salad – grilled marinated Beef steak, lime-cilantro vinaigrette, Cucumber, and tomato</i>	<i>\$13.25</i>
<i>Wild Arugula Salad – parmesan cheese And lemon vinaigrette</i>	<i>\$6.75</i>
<i>Roasted Beet Salad – sliced roasted beets, Seasonal greens, radishes, goat cheese, With red wine vinaigrette</i>	<i>\$9.50</i>

Appetizers

<i>Polenta and Portabella Mushrooms</i>	\$8.75
<i>Grilled Artichokes</i>	\$7.75

Main Dishes

<i>Brick Chicken – half a chicken, flattened And grilled under a brick. Served with Smashed potatoes and fresh vegetables</i>	\$14.95
<i>Three Cheese Mac-N-Cheese – creamy, Topped with toasted, buttered and Seasoned breadcrumbs.</i>	\$10.25
<i>Stir Fried Fresh Vegetables – served on A bed of steamed Jasmine rice.</i>	\$11.95
<i>Special Vegan Rice/Grain Bowl with Fresh Vegetables. Chef's daily selection of rice, Grains, and vegetables. Add egg - \$1.00</i>	\$8.95
<i>Meat Loaf – home style with smashed Potatoes and fresh vegetables</i>	\$12.25
<i>Beef Flat Iron Steak – cooked to order With sautéed mushrooms, caramelized Onions, smashed potatoes and fresh vegetables</i>	\$15.25
<i>French Pot Roast – with red wine and Honey-cured bacon, served on fettuccine And fresh vegetables</i>	\$13.75
<i>Tomato and Basil Omelet – with Mozzarella cheese, and fresh fruit or O'Brian potatoes</i>	\$9.75
<i>Linguine with roasted eggplant, tomato, Zucchini, garlic and basil</i>	\$12.25
<i>Center Cut Pork Chop – with apple Herb stuffing</i>	\$14.50

Side Dishes

<i>Side of bread</i>	\$2.25
<i>Soup of the Day</i>	\$5.00
<i>Fresh Fruit – seasonal selection</i>	\$4.50
<i>Vegetable of the Day – seasonal vegetable Pan-roasted with Fresh herbs</i>	\$4.50
<i>Smashed Potatoes</i>	\$4.50

Desserts

<i>Bread pudding with chocolate</i>	\$5.50
<i>Crème Brulèe</i>	\$6.50
<i>Warm Apple Crumble – with vanilla Ice cream</i>	\$6.50
<i>Strawberry Shortcake</i>	\$6.50

Beverages

<i>Fresh Squeezed Orangeade</i>	\$3.00
<i>Lemonade</i>	\$3.00
<i>Coke, Pepsi, Root Beer, Sprite (Regular, Diet)</i>	\$2.00
<i>Perrier</i>	\$2.75
<i>Iced Tea, Coffee, Decaf, Hot Tea</i>	\$2.50

Ask us about our Board specials!

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